



## Short Curriculum Vitae

### **Hamid Peseschkian,**

MD, DM, DMSc, IDFAPA, ECP

WIAP-Academy

Luisenstrasse 28,

65185 Wiesbaden, Germany

hamid@peseschkian.com

[www.positum.org](http://www.positum.org)

[www.peseschkian.com](http://www.peseschkian.com)

[www.wiap.de](http://www.wiap.de)

Dr. Peseschkian is the Academic and Managing Director of the Wiesbaden Academy of Psychotherapy (WIAP), the Head of its psychotherapy residency program, and the Medical Director of the Wiesbaden Psychotherapy Clinic. He serves currently as the President of the World Association for Positive and Transcultural Psychotherapy (WAPP).

- The WIAP-Academy is a state-licensed academy of higher education which awards the professional certification of a psychotherapist. Since 2000, Dr. Peseschkian heads the Academy – founded by his late father, Prof. Dr. Nossrat Peseschkian, in 1979. WIAP is today one of the leading postgraduate psychotherapy training institutes in Germany (TOP 5 out of 260). Under his leadership more than 850 residents have finished their 5-year-postgraduate education, and some 350 are in training at the academy. Its main method is humanistic psychodynamic psychotherapy.
- The WIAP-Psychotherapy Center is with 55 treatment rooms and 130 part-time residents one of the largest out-patient psychotherapy facilities for adults, youth, and children in Germany. The treatments are fully covered by the German state health insurances.
- The World Association for Positive and Transcultural Psychotherapy offers postgraduate training programs in psychotherapy in 17 countries world-wide and is the international umbrella organization of Positive Psychotherapy, a humanistic psychodynamic psychotherapy modality. It has 2,200 members in 42 countries.

Dr. Peseschkian is triple German Board-certified and licensed specialist in psychiatry, neurology and psychotherapy, a European Certified Psychotherapist (EAP), an International Distinguished Fellow of the American Psychiatric Association, an International Associate of the Royal College of Psychiatrists (UK) and a Council Member of the International Federation for Psychotherapy (IFP). He is a Senior Adjunct Faculty member for residency trainings in psychiatry and psychotherapy of the State Medical Chamber in Hesse (Germany).

His fields of interest are transcultural psychiatry and psychotherapy, humanistic psychodynamic psychotherapy (such as Positive Psychotherapy), academic psychiatry and psychotherapeutic education, family life education (marriage preparation, conflict management), marital therapy, shared parenting, religion/spirituality and psychiatry, stress-management and work-life-balance, and transcultural competency.

Besides his administrative, research and clinical work, Dr. Peseschkian is conducting training seminars and lectures in different countries.

He is the author of five books and has published more than 110 papers on the above-mentioned topics. His book "*Psychovampires – a positive approach to energy suckers*" has been translated into six languages. He is co-editor of two recent books: "*Faszination Tiefenpsychologie*" – a German language book on the fascination of humanistic psychodynamic psychotherapy with some 22 colleagues about their path to psychodynamic therapy (published in 2019), and "*Positive Psychiatry, Psychotherapy and Psychology – Clinical Applications*" with some 48 authors from 13 countries and five continents (published by Springer New York in 2020).

His former positions include:

Vice-president of the German Association for Psychodynamic Psychotherapy (DFT/GAPP), Board member of the Association for transcultural psychiatry, psychotherapy and psychosomatic in German-speaking Europe (DTPPP), Head of Mental Health Services at the American Medical Center in Moscow, Russia, and Visiting Professor of the Northern State Medical University in Arkhangelsk (Russia).

Dr. Peseschkian received his professional degree as a Medical Doctor (M.D.) from the Medical Faculty of the University of Mainz (Germany) in 1987, a research doctorate degree in medicine (Dr. med., Doctor of Medicine) from the University of Mainz in 1988, and a postdoctoral academic research degree (Dr. med. habil., Doctor of Medical Sciences) from the Federal Bekhterev Psychoneurological Scientific Research Institute, St. Petersburg (Russia) in 1999. He is a member of more than 13 international and national professional associations.

Dr. Peseschkian is from Iranian origin, born in Germany, married, two university-age children.

(As of September 2022)