



Short Curriculum Vitae

Hamid Peseschkian,
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Dr. Peseschkian is Academic and Managing Director of the Wiesbaden Academy of Psychotherapy (WIAP), Head of its psychotherapy residency program, and Medical Director of the Wiesbaden Psychotherapy Center in Wiesbaden, Germany. He is the President of the World Association for Positive and Transcultural Psychotherapy (WAPP), and Board member of the German Association for Psychodynamic Psychotherapy (DFT/GAPP).

- The WIAP-Academy is a state-licensed academy of higher education which awards the professional certification of a psychotherapist. Dr. Peseschkian heads the Academy – founded by his late father Dr. Nossrat Peseschkian in 1979 - since 2000. WIAP is today one of the leading postgraduate psychotherapy training institutes in Germany (TOP 10 out of 230). Under his leadership more than 450 residents have finished their 5-year-postgraduate education, and some 550 are in training at the academy. Its main method is humanistic psychodynamic psychotherapy.
- The WIAP-Psychotherapy Center is with more than 60 treatment rooms and 160 part-time residents one of the largest out-patient psychotherapy facilities for adults, youth and children in Germany. The treatment is fully covered by the State health insurance.
- The World Association for Positive and Transcultural Psychotherapy offers postgraduate training programs in psychotherapy in more than 20 countries worldwide and is the international umbrella organization of this humanistic psychodynamic psychotherapy modality.

Dr. Peseschkian is triple German Board-certified and licensed specialist in psychiatry, neurology and psychotherapy, and an International Distinguished Fellow of the American Psychiatric Association (APA). He is a Senior Adjunct Faculty member for residency training in psychiatry and psychotherapy of the State Medical Chamber in Hesse (Germany).

His fields of interest are: transcultural psychiatry and psychotherapy, humanistic psychodynamic psychotherapy (such as Positive Psychotherapy), academic psychiatry and psychotherapeutic education, family life education (marriage preparation, conflict management), marital therapy, shared parenting, religion/spirituality and psychiatry, stress-management and work-life-balance, and transcultural competency.

Besides his administrative, research and clinical work, Dr. Peseschkian is conducting training seminars and lectures in different countries. He is the author of 5 books, and has published more than 90 papers on the above mentioned subjects. His book "*Psychovampires – a positive approach to energy suckers*" (2009) has been translated into 6 languages with some 15,000 copies.

His former positions include: Board member of the Association for transcultural psychiatry, psychotherapy and psychosomatic in German-speaking Europe (DTPPP), Head of Mental Health Services at the American Medical Center in Moscow, Russia, and Visiting Professor of the Northern State Medical University in Arkhangelsk (Russia).

Dr. Peseschkian received his professional degree as a Medical Doctor (M.D.) from the Medical Faculty of the University of Mainz (Germany) in 1987, a research doctorate degree in medicine (Dr. med., Doctor of Medicine) from the University of Mainz in 1988, and a postdoctoral academic research degree (Dr. med. habil., Doctor of Medical Sciences) from the Federal Bekhterev Psychoneurological Scientific Research Institute, St. Petersburg (Russia) in 1999. He is member of more than 12 international and national professional associations.

Dr. Peseschkian is from Iranian origin, born in 1962 in Germany, married, two university-age children (21, 20).

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